Coniston & Torver

Parish Newsletter

March 2018



Produced by the churches of St. Andrew's Coniston and St. Luke's Torver

For further information contact

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March 2018

VISION

There is something that you quickly discover when driving between the top of the Crake at Coniston Water and the bottom of the Crake at the estuary – and that is you need vision, you need to see where you are going.

There a good number of sharp corners, hidden dips and pinch-points in the road that runs between Coniston and Greenodd. The road itself and its haphazard course would be difficult enough, if it were not for the addition of cars towing caravans or wayward drivers admiring the views and ignoring the road. So, if you are a regular driver of the route, you quickly learn to keep your eyes peeled and your reactions quick.

But the same applies for Christians in the Crake valley. We need to keep our eyes peeled and reactions quick, we need vision for the road ahead if we are to stay the course, if we are not to come a cropper or find ourselves driven off the road.

When Anne and I were called by God to minister at the three parishes at the bottom of the Crake valley, and again when we felt the Lord leading us to minister at Coniston & Torver at the top of the valley, the vision was the same, the calling was the same – to continue see Christians in the Crake valley worshipping the Lord and sharing the Good News of the Gospel.

But vision alone will not suffice, it must be a <u>shared</u> vision; shared by Christians of all denominations and none, all traditions and none, by Christians of all stripes, who are united and differentiated by their faith in Jesus Christ.

As the Apostle Paul wrote to one of the early churches appealing for unity,

"There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all"

The vision must be one vision for the Crake Valley shared by all Christians alike; double-vision like double-mindedness will get us nowhere fast. If we want to stick to the road then we are going to need good vision.

Blessings in Christ,

Brian & Anne

Diary Dates for March

1st Torver PC meet School Room 7.30pm

13th Coniston Institute and Museum Management Committee meet Reading Room 7.00pm

19th Local History Group meet Reading Room 2.30pm Demonstration of swill basket making. Owen Jones

19th Coniston PC meet Reading Room 7.00pm

20th Coniston WI meet Reading Room 7.30pm Britain from the bottom up. Shirley Crisp

22nd MU Rev Brian Streeter, Faith in Action in Mary Summer's Footsteps

23rd Pie, Peas and Dominoes Institute Reading Room 7.30 pm book names to Sarah and Peter Way 49509 or 07766657078 by Monday 19th

No Sponsors for March

Deadline for April is Wednesday 21st March

To Jean Johnson tel 41319 email enquiries@conistonholidays.co.uk

Our Lent Appeal

As we approach a time of joyful celebration in the Church calendar we ask if you might consider doing something for international relations...making a small but significant contribution towards greater understanding worldwide.

HOST's mission is to give a welcome to international students in British homes for friendship and cultural exchange. Our volunteer hosts can offer hospitality for one day (daytime only) or three days and two nights at the weekend.

We operate all year round and would very much welcome more volunteer hosts to join us.

More information can be found on our website: www.hostuk.org Or email us on: info@hostuk.org - Or telephone us on: **020 7739 6292**





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Brantwood Event and Exhibition Listing March 2018

Blue Gallery Exhibitions - (Entry is included in House admission)

10th January – 8th April 2018 - Fair & Foul: Ruskin & The Grotesque Works on the theme by Jill Rock

Jill Rock is an artist working in performance, installation and mixedmedia with a keen interest in Ruskin and Schwitters. Working within the conceptual template of Ruskin's analysis of the relevance of the Gothic in his own time, Jill's Blue Gallery installation presents a contemporary response to the Gothic as it speaks to us now.

Severn Studio Exhibitions 2018

(Entry is included in House or Garden admission)

13th January – 11th March – Charles Whinney & Beatrix Baker Furniture Exhibition.

Charles and Beatrix present a selection of sculptural works and objects for the home. Working from an ancient barn in Witherslack both artists use locally sourced steam-bent green wood as a way to create curved forms.

17th March – 1st May – Sandra Orme. Of Truth of Skies

Award winning pastel artist, Sandra Orme's work explores both the ever changing landscape that surrounds her studio in the Peak District- the light, seasonal colours, atmosphere and weather- whilst capturing the relentlessly unchanging and seemingly timeless nature of stones and rock faces or high edges and outcrops.

Coach House Loft Exhibition 24 February – 29 April

Images from a Warming Planet by Ashley Cooper

An exhibition of stunning images from Ashley's new book which captures one man's mission to document climate change around the world.

From Monday 19 March, Brantwood & The Terrace Café will Be Open Every Day 10.30am – 5.00pm

Terrace Events - The Jump Winter Gallery Dec - end February

Through winter, The Terrace is showcasing local art and craft from a number of Cumbrian makers. The Jump Winter Gallery will run until late February and includes work from Sally Bamber, Daniel Cooper, Miles Moore Ceramics to name a few. Also, through winter, curl up on the sofas in the Terrace and browse through some of Brantwood bookshops recent titles, available to "try before you buy"!

Saturday 24th February - Pottery demonstrations with Miles Moore ceramics.

Visit the Terrace café and watch Martin of Miles Moore ceramics create beautiful dishes. For a lucky few, this is an opportunity to turn a pot under the expert guidance of Martin and Siobhan, and have the pleasure of seeing the transformation possible, from a lump of clay to a beautiful dish. Learn about the local materials which can be applied to create a stunning and complex range of finishes.

For Bookings or further information, please contact:

Brantwood, East of Lake, Coniston, Cumbria LA21 8AD Tel: 015394 41396 - E-mail: enquiries@brantwood.org.uk www.brantwood.org.uk

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Weather at Haws Bank for January 2018

Total rain 314.5 mm (12.38 ins)
Most rain in a day 57.9 mm (2.28 ins) on 14th
Rain of 0.2 mm or more fell on 24 days



My gym will only allow me to cancel my membership in person. This is written in the contract but I've since moved away from the area. What can I do?

To end your gym membership you will need to follow the terms of the contract. However, it's also possible to challenge terms which are designed to keep you tied into the contract.

Start by writing a letter (use recorded delivery), or email, explaining why you can't end your membership in person.

If the gym won't accept your written cancellation ask if they've got a complaints procedure in place which you can follow. If not, then send another letter giving them a final chance to end the contract.

If they still won't agree to cancelling your contract get in touch with an alternative dispute resolution (ADR) scheme - an independent complaints body which settles disputes.

You can also contact the Consumer Service or your nearest Citizens Advice for help on cancelling contracts which include possible unfair terms.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. We have various outlets across South Lakeland and can also give advice over the phone – telephone 03444 111 444 for an appointment and help, 015394 46464 for debt and on-going enquiries. South Lakes Citizens Advice is a registered charity, No: 1118656 and company limited by guarantee, No: 6113551. FRN: 617574

Rainfall - Garden House, Coniston - January 2018

Total - 335.3mm (13.2ins)
Wet days - 25
More than 1mm on 21 days
Wettest day -14th -61mm (2.4ins)
Frost from the 5th to the 8th
Snow on the 17th.

St. Luke's Community Carol Service with 'Jacob's Join' supper and the 100 Club draw.

Around 50 people enjoyed the candlelit Carol Service at St Luke's with beautiful music played on the organ by Clare and Julie Blaney on the oboe. We are blessed to have such local talent! Thanks girls. This was followed by a wonderful 'Jacob's Join' supper in the Old Schoolroom. Thanks to those who came to decorate the church and the hall it really made for a warm and festive evening, and for the raffle prizes and all the lovely food shared together. The raffle with 23 prizes made £94 for the upkeep of the Schoolroom and £250 was given in prizes for the 100 Club [see winners below]. Two new 100 club members joined during the evening...we are slowly moving to towards the 100 member target! Thanks to all members for renewing, especially by standing order which makes Hazel's accounting job so much easier. Half the subscription goes to the upkeep of the Old Schoolroom and half goes in prizes with four draws over the year.

The Rev. Brian Streeter and his wife Anne joined us for the evening. Brian is the new Priest in Charge of Coniston and Torver from the New Year and we look forward to getting to know them both. { 100 Club Winners: £60 Nina Cameron, £40 Bev Lewis, £30 Dorothy Appleyard, £20 Ibby Brown and Hazel Bowness, £15 M. Oldham and R Mc Cracken, £10 G. Bowness, C. Davidson, Mary Park, R&A Inman, and A McClusky.

Carols At The Wilsons

Huge thanks to Fran Mavers and Matthew for once again hosting the annual Carols at the Wilsons Arms with a hot supper and mince pies to follow. It was a packed evening with great singing led by talented Jenny on the keyboard, Leigh and the Coniston choir along with laughter and fabulous food. Donations came to £250 which Fran kindly gave to St Luke's church and will go towards its upkeep. Thank you everyone for coming and singing with such gusto!

Café Church

Through the winter and up to Easter on the fourth Sunday of every month, Café Church starts at 6pm and is followed by a hot supper together in the Institute Reading Room Coniston. Each month there is an invited speaker who shares something about God's impact on their life today. This is an enjoyable and encouraging evening for all, whether you attend a church or not, so do come along and join us.

The next meeting is on Sunday February 25th at 6pm. when our new Priest in charge, Brian Streeter and his wife Anne will be speaking. It will be a great opportunity to get to know them as they enter into the community life of Coniston and Torver, so do come along for a warm welcome and a hot supper. We look forward to meeting you.

Coniston & Torver Film Night

A big thank you to everyone who came and watched the films on Coniston & Torver from the 1960's and supported the Coniston Amenities Fund charity. £125.00 was made for the charity. Thanks to the Coniston Sports & Social Centre for everything and especially to Becky for the catering. Thanks Jeff & Janette

Also, I'm doing a project on the changes in Coniston over the last 100 years and if anyone has any memories of this I would appreciate the opportunity to talk to you. Please contact Janette Carroll, Clerk to Coniston Parish Council, tel: 41713 e-mail: parish@coniston.info

37th Annual Coniston 14 Road Race.

There is likely to be over 1200 runners for the Race on Saturday 24th March. Registrations are still open. All are welcome from fun runners to seasoned athletes. Anne Bland who has held record times for several of the race categories will present the prizes.

Extra help will be required as marshals and for water stations this year. Please get in touch with Pam Kirkbride on 41562 or Geoff Cooper on 41291 if you wish to volunteer. Each year the Coniston 14 Committee makes donations to support the work of about 30 local organisations, charities and clubs. Those interested in applying for funds should send letters to Geoff Cooper, Moorlands, Coniston LA21 8HB by the closing date of 14th April, 2018.

Coniston Sports



Social Centre

The home of Coniston Football Club'

Exciting times ahead at the Sports and Social Centre

The Sports and Social Centre would like to welcome Ollie Stolborg in his new role as Centre Manager. Ollie is committed to improve the centre and bring it back to the heart of the village for both locals and visitors alike.

In driving his vision forward he would very much like the support of motivated individuals to volunteer to join the committee helping steer the centre in the right direction. It is a new and exciting time of great change at the centre and we are looking for fresh ideas from anyone who would like to get involved.

There are also various part time paid roles available which would suit enthusiastic and organised people, come and have a chat with Ollie down at the centre.

Treasurer/accounts –Bookkeeping, payroll, invoices – full training given

Secretary – Administration, membership admin and grant applications **Grounds/Maintenance person**- Looking after the football pitch and MUGA with small maintenance in the building.

House Keeper – keeping all areas of the building clean and tidy

Our bar opens Friday 23rd at 4pm. The Parish Council in conjuction with Lakeland 100 will be presenting cheques to local good causes from 7pm.

Saturday 24th February the X12 Bus Group are holding their AGM – all welcome to come along from 10ma to 12 noon.

Our bar will be open from 1pm with our team playing at 2pm – weather permitting!

We continue Yoga with Debbie on Wednesday evenings at 7.30pm till 9pm. Call Debbie for further details on 07985557082.

Young at Heart Exercise Class for the over 60's and lunch, £5, exercise/lunch only £3 every Thursday with Nick. Just want to drop in for lunch that's OK just give Ollie a call on 41812.

Our bar is open Friday's from 4pm and Saturday's from 1pm

Our centre provides the ideal venue for family and business occasions of all kinds, with ample parking, clean and welcoming facilities, well stocked bar and catering options provided on site. Contact Ollie to discuss your special event and how we can cater for you. Call 41812 or 07999330216 or email conistonsports-socialcentre@hotmail.com Coniston Sports and Social Centre is a registered charity no. 1121782

Women's World Day of Prayer

Prepared by the women of Suriname - All God's Creation is Very Good **Friday 2nd March Coniston Methodist Church 2 pm**Followed by refreshments - All are welcome – including men!

Thank You

The family of the late Ruby Lewis would like to thank Drs. Fisher and Frey, Coniston Carers and Ruby's friends and neighbours for their care, kindness and generosity. Donations of £475 were raised in memory of Ruby for Coniston Methodist Church.

Norman Cooper and family would like to thank anyone who attended Dorothy Cooper's funeral for all the kind donations and cards. The donations have now been passed on to St Marys Hospice.

Coniston Co-op

From Coniston Co-op - please note Coniston Co-op will not be offering Group Funding this year. A previous message circulated via the CDC newsletter was incorrect.



Coniston First Responders

The AGM was held on Tues 6th February as part of the regular meeting. We are a small but committed group of volunteers who are called out to help with emergencies in our village for residents and visitors. We receive no funding from the ambulance service but rely on donations and grants. We are really grateful and send a big thank you to all the people who have donated to our funds, with special thanks to a local resident giving a personal donation of £1000 and a shared donation from the Co-op Group giving £1500 from there charity funds all of which help to keep Coniston First Responders operational in our village.

The reports from Chairman, Treasurer and Secretary were read, approved and all were thanked for their endeavours. Harry thanked all members for their time and helping to keep this vital service in our village . . . "Every year our volunteers turn out in all weathers and each time those we visit are very pleased to see us and for us to assist them while we wait for an ambulance. As we know it can take some time for an ambulance to arrive and our presence is needed providing advice, help and reassurance."

Janice Hamilton has taken over the role of Chair with Harry stepping down to Assistant; John and Helen Lace remain in their roles as Treasurer and Secretary. We welcome Alex Stewart as a new member to our team and look forward to Alex taking on the role as Trainer in the future.

Rest assured we are here to help whatever the weather or time of day.

Always remember, if you feel you need medical assistance call 999 first – if appropriate your First Responder team will be advised and will be ready to respond. In these situations please remember to put lights on during the night so your house can be easily found and unlock the front door so easy access is available.

Your First Responder team members are: Janice Hamilton, Harry Kilgour, John and Helen Lace, Judith Myers, Alex Stewart and recovering from a knee operation Kay Shepherd.

Coniston Institute and the Ruskin Museum News and Events

The Ruskin Museum

Summer opening hours commence on Saturday 10th March. The Museum will be open every day from 10am with last admission 4.30pm.

CELEBRATING WOMEN OF CUMBRIA EXHIBITION – Saturday 24 February until Sunday 3 June 2018

Spinning the Colours of Lakeland: Annie Garnett's Spinnery, Gardens and Textiles

As part of the Celebrating Women of Cumbria 2018 an exciting year of events hosted by Cumbrian Museums we are telling the story of Annie Garnett (1864 – 1942) a local businesswoman, inspired by Ruskin's innovative Arts & Crafts Initiative to design and produce sumptuous, sophisticated and technically brilliant coloured fabrics.

This exhibition will complement our permanent collection of Langdale Linen and the Ruskin Lace Industry, developed by Elizabeth Pepper and the ladies involved in running Ruskin's Arts & Crafts initiative. Annie Garnett visited St Martin's Cottage Elterwater the home of the Langdale Linen Industry in the late 1880s and was inspired by the revival of hand spinning, weaving, embroidery and lacemaking. She wrote 'I was literally set down in the old world never to be again free from it and I found myself longing to be surrounded by ancient industry, were it spinning, or weaving, or carving, or any other art that went to make up the home-life of long ago. All its beauty I would draw from it'. In 1891 she founded The Spinnery in Bowness on Windermere, dedicated to producing beautiful textiles using traditional methods. She created the inspired designs and provided the strong, hands on management crucial to its success. The textiles and designs gained both national and international recognition with clients ranging from local Lakeland people to Queen Alexander.

With thanks to Dr Rachel Roberts from the Museum of Lakeland Life and Industry, Kendal for arranging the loan of the exhibits to The Ruskin Museum. This will be a fascinating and inspiring exhibition.

Easter Holiday Fun

The Great Easter Egg Hunt returns. Search for the eggs, solve the puzzle and win a chocolate prize. £1 per go, different clues every day.

Village Institute

VILLAGE DANCE AND DISCO - A Great Night Was Had By All

Thank you to everyone who came and made this a night to remember. Special thanks to: Lesley McCartney for all her help especially organising and running the bar; to Hatchet for making the Institute rock like the old days and for giving our young local talent a boost, Charlie Kelly and Carrie Glaister you were brilliant; to Andrew Wilson for a fantastic disco; to Artur, Rafal, and Gerard who provided amazing food; to all the volunteers for their support; to the fancy dressers for looking fabulous; to Hutchinsons, Wards and the Museum for selling tickets – the list goes on.

We raised £806.80 for local charities on the night. The Bar made a profit of £556.80 which has been donated to the charities supported by the bar staff: 1st Hawkshead Scouts; Cumbria Scouts jamboree contingent; 1st Hawkshead Guides and Coniston Mountain Rescue. Ticket sales gave us a profit of £250 and were distributed according to votes on the night: £100 to the Christmas Lights who got the most votes and £50 each to toddlers, first responders and X112 bus who were all joint second. We would love to see your photos of the night. If you have any which you are happy to share on our website please send them to helenconistoninstitute@gmail.com

Body Shop At Home Pop Up Shop

Come along on the last Saturday of the month. From 9.30am-12.30am.in the Reading Room.

Message from Justine Tbsah McCoy – "Each month I will feature a different aspect of beauty & skincare as well as bringing products for you to try, sale items, brand new products and lots more. You can enjoy a mini pamper treatment or simply try before you buy. In my January pop-up Shop I will be featuring skin care, demonstrating a simple skin care routine, offering mini facials and showing some brand new products. Everyone who spends £10 or more will go into a draw to win a £25 voucher to spend with me. Spend £20 or more and you'll get 2 tickets in the draw PLUS a free gift worth £5.If you want to get in touch with me you can ring/text on 07775691315, email mybeautywithheart@outlook.com or message me through Facebook. My Facebook page is My Beauty with Heart in Cumbria".

The Coniston Honest Shop

The Honest Shop reopened for business on Saturday 10th February and is now well stocked with lots of locally made items. If you are interested in selling your homemade items in the shop please contact Tracy Hodgson on 015394 41823, email conistoninstituteuk@gmail.com

The Following Groups Will Be Meeting In March Mondays

Parish Council - Monday 19th at 7pm

Local History Group – Monday 19th March: Demonstration of Swill Basket Making by Owen Jones. 2.30pm – 4pm. £2.50 all welcome **Tuesdays**

Cameo Club - Every Tuesday 2 - 4pm

First Responders Institute Committee – Tuesday 6th at 7pm Institute and Museum Committee - Tuesday 13th at 7pm

Womens Institute – Tuesday 20th at 7pm

Wednesdays

Craft Club – Every Wednesday at 7pm

Thursdays

Parents and Toddler Group – Every Thursday 9.30 – 11.30am

Coniston Community Choir – Thursday at 7pm

Fridays

Indoor Bowls - Every Friday 1 – 4pm main hall

Pie and Peas - Friday 23rd March 6.30 – 10pm

Sundays

Café Church - fourth Sunday of the month at 6pm

For more information on any of the above groups or if you are interested in booking a room or event at the institute please phone Tracy Hodgson on 015394 41823, email conistoninstituteuk@gmail.com or visit our website www.conistoninstitute.uk, where a full calendar of events is available.

If you are an institute user group and would like to update your information on our webpage or have events posted on our Website and Facebook page please contact Helen Glaister on 07583 371275 email helenconistoninstitute@gmail.com

Services for St. Andrew's and St. Luke's March Services 2018

| 1 st | 9.00am | Café Church in school room | Torver |
|------------------|---------|----------------------------|----------|
| | 11.00am | 1662 Holy Communion | Coniston |
| 8 th | 9.00am | 1662 Holy Communion | Torver |
| | 11.00am | Worship for All | Coniston |
| 15 th | 9.00am | Service of the Word | Torver |
| | 11.00am | Holy Communion | Coniston |
| 22 nd | 11.00am | Morning Prayer | Coniston |
| | 6.00pm | Café Church | Consiton |
| 29 th | 11.00am | Joint Service | Coniston |

Service Times of other Denominations

Methodist Church

The morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on 41594.

Coniston Christian Fellowship

You are welcome to join us for our All Age meetings every Sunday at 10.30am in the Primary School.

Home groups meet regularly every Tuesday evening during term time. For further information please contact Norman & Christine Beech on 41780 or Kevin & Julie Gregory on 41125, or visit our website: www.conistonchristianfellowship.co.uk

St Francis of Assisi Church of the Sacred Herat Coniston

Mass on Saturdays 6.00pm – Coniston Catholic Church. Further information from Father Robert T. Halshaw on 01229 779673